

## **EXPLANATION OF THE LESSON PLAN FORMAT**

Instructional television is a resource which involves both thinking (Cognitive Domain) and feelings (Affective Domain.) It must be presented in the classroom in a way that incorporates both aspects of learning.

The video is divided into three segments for lesson presentation. The first segment covers the history of migration in Virginia. The second segment covers the history of transportation, and the third segment covers the history of industry in Virginia.

Each of the three video segments has a separate lesson plan. The lessons are approximately 45 minutes long. This time includes pre-viewing activities, watching the video, and post-viewing activities. The entire video can be viewed in 3 segments. Testing and extension activities should be conducted on separate days. Thus, a unit based on the video could take from 4 to 8 days.

The lesson plans follow the format suggested by the National Teacher Training Institute (NTTI). A brief explanation of video viewing techniques is included at the end of this study guide. Additional information about the NTTI is available on the *Virginia Pathways* website.